

3rd Annual

5K Run/Walk



sponsored by the greater

Edmonds Chamber of Commerce

Where Edmonds City Park
On 3rd St, between Walnut & Pine

When Packet pick up: 8:45 AM
Start Time: 10:00 AM

Fees June 28-Early Bird Deadline
\$25.00 w/t-shirt—\$15.00 w/o t-shirt
Registration after June 28
\$30.00 w/t-shirt—\$20.00 w/o t-shirt
(T-shirt not guaranteed on race day!)

Awards!!! **1st place male/female
Pair of Running Shoes**

**Age bracket winners
Running in Motion Gift Certificate**

Contact Running In Motion to Register!
Phone: 425-774-0637

Web: [www.runninginmotion.com /events.htm](http://www.runninginmotion.com/events.htm)

Saturday, July 4th

Name _____

Address _____

Phone _____

E-mail _____

T-Shirt XS S M L XL None - Adult Sizes
S M None - Youth Sizes

Sex M F Age _____

Entry Fees

Before June 28

Adult \$25.00 w/t-shirt \$15.00 w/o t-shirt
Kids (12U) Free

After June 28 (t-shirts not guaranteed on race day)

Adult \$30.00 w/t-shirt \$20.00 w/o t-shirt

Checks payable to: **Edmonds Chamber of Commerce**
(call 425-774-0637 to use credit card)

Signature _____

Name of parent or guardian if participant is less than 18 year of age

Signature of parent or guardian if participant is under 18 year of age

**NOTE: ENTRIES CANNOT BE ACCEPTED
WITHOUT A VALID SIGNATURE**

Waiver for insurance purposes: I hereby certify the following; (1) I am medically able and properly trained to participate in the Edmonds 4th of July 5K Run/Walk to benefit the Chamber of Commerce of Edmonds, (2) I further agree in the event of an injury or accident that event officials may authorize necessary treatment for me and I further authorize the necessary medical treatment provider to furnish to the event organizers my name, telephone number, and if applicable, the name of any hospital or medical facility I was transported to by any necessary treatment as a result of any injury or medical problem that arose out of this event, and (3) I further grant the race organizer permission to reproduce, publish, circulate, copyright or other use any and all photographs and/or videotapes of my and/or my family, taken at the event, and (4) Having read this waiver and knowing these facts, and in consideration for the acceptance of my entry into the event, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge all subsidiaries, affiliates, assigns, representatives and successors of the Chamber of Commerce of Edmonds, Running In Motion and all event sponsors, suppliers, agents, independent contractors, employees and another personnel in any way assisting or connected with the Edmonds 4th of July 5K Run/Walk from any and all claims of any kind whatsoever.